### MiCAFE is Here\*!

#### Eaton Area Senior Center

804 South Cochran

Charlotte, Michigan

517-541-2934

### Eaton Rapids Medical Center

1500 South Main Eaton Rapids, Michigan 1-877-664-2233

### Capital Area Community Services

1370 North Clinton Trail

Charlotte, Michigan

517-543-6075

MiCAFE in Eaton County is funded by Eaton Federal Savings Bank.

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#### MiCAFE is also supported by:

- The Michigan Office of Services to the Aging
- The Michigan Department of Human Services
- The Michigan Medicare Medicaid Program
- Blue Cross Blue Shield of Michigan
- The United States Department of Agriculture

### MiCAFE is a program of

# ELDER LAW OF MICHIGAN, INC.

3815 West Saint Joseph Street, Suite C-200

Lansing, Michigan 48917

517-485-9164

www.micafeonline.org

www.elderslaw.org

## Money to Buy Food for Seniors!

## Available in Eaton County!



Do your high medicine, grocery and other bills make it tough to get by?

The MiCAFE Program can help!

1-877-664-2233

\*Participation may vary.

## **MICAFE --- A FOOD ASSISTANCE PROGRAM**

### Do you ever think, "What can I buy this month, and what can I go without?"

- Don't make this tough choice anymore!
- The <u>Food Assistance Program</u> helps you put food on your table.
- Let this program buy your food—you can use your money to buy other things.
- MiCAFE gives you information about healthy eating and more food programs in your town so you can eat well and be healthy!



The contents of this publication do not necessarily reflect the view or policies of the U.S. Department of Agriculture, Elder Law of Michigan, Inc., the Michigan Office of Services to the Aging, the Michigan Department of Human Services, the Michigan Medicare Medicaid Program, the Ruth Mott Foundation, the Martha Merkley Trust, the Michigan State Medical Society, the Community Foundation of Greater Flint, Blue Cross Blue Shield, or Eaton Federal Savings Bank nor does mention of trade names, commercial products, or organizations imply endorsement by the U.S. Government.

### **MiCAFE**

MiCAFE or Michigan's Coordinated Access to Food for the Elderly Program helps seniors get food. MiCAFE can sign you up for a Bridge Card and teach you about healthy eating and food programs. MiCAFE is at senior centers, churches, apartments, and other places near you.



Through MiCAFE, the Food Assistance Program gives seniors money each month to buy food. This money comes on a Bridge Card (like a credit card). You can use the Bridge Card at most grocery stores to buy fruit, meat, vegetables, milk, bread, and other foods. To get a Bridge Card a senior will likely have a low income and high costs of living. Costs of living can include medicine and doctor bills.

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### Is MiCAFE for You?

- Do you live in **Eaton County**?
- Do you have low income?
- Is someone you live with age 60 or older?
- Are you 60 or older?
- If yes, MiCAFE may be for you!

MiCAFE gives you free, personal help getting a Bridge Card in your town. You can use a Bridge Card to buy food at your local store.

Lots of seniors with low incomes and high costs of living do <u>not</u> have a Bridge Card, Get one with MiCAFE!

- Call your nearest MiCAFE site and ask for a MiCAFE meeting.
- At your meeting, a MiCAFE volunteer will talk with you and help you sign up.

